



## Keeping families close

### **RMHC POLAND HAS BEEN SUPPORTING CHILDREN AND FAMILIES FOR 18 YEARS**

FREE ULTRASOUND TESTING

EDUCATING DOCTORS AND PARENTS

BEDS FOR PARENTS AND FAMILY ROOMS  
IN HOSPITALS

RONALD MCDONALD HOUSES



VOLUNTEERS ARE AT THE HEART OF RMHC

Fundacja  
Ronalda McDonalda  
Polska



## Ronald McDonald House in Cracow

Ronald McDonald House is a place allowing parents to stay closer to their kids who are patients of University Children's Hospital in Cracow.

**RMH Cracow** houses 20 apartments, including two with amenities for the handicapped persons. Parents use a spacious kitchen, a common sitting room, a dining room, a laundry and a wonderful garden. In the House, visitors can always rely on the help and support of Volunteers. The House was built as a "green" investment. Facilities which reflect our concern about the environment include solar panels, a heat recovery system, rainwater reservoir for watering the garden, modern window panes and many other solutions.

Since its opening in October 2016, over 400 families have stayed at the House. Many families stayed with us more than once. The longest stay took 382 days.

## The second Polish Ronald McDonald House is under construction in Warsaw.

Like the one in Cracow, the House built on the campus of Warsaw Medical University is going to be free of charge for the parents. The first guest families are going to check into the House in December 2020.



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# 44,720

**NIGHT STAYS**



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# 409

**FAMILIES HELPED**



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# PLN 5.1 MILLION

**CASH EQUIVALENT OF ACCOMMODATION PROVIDED**

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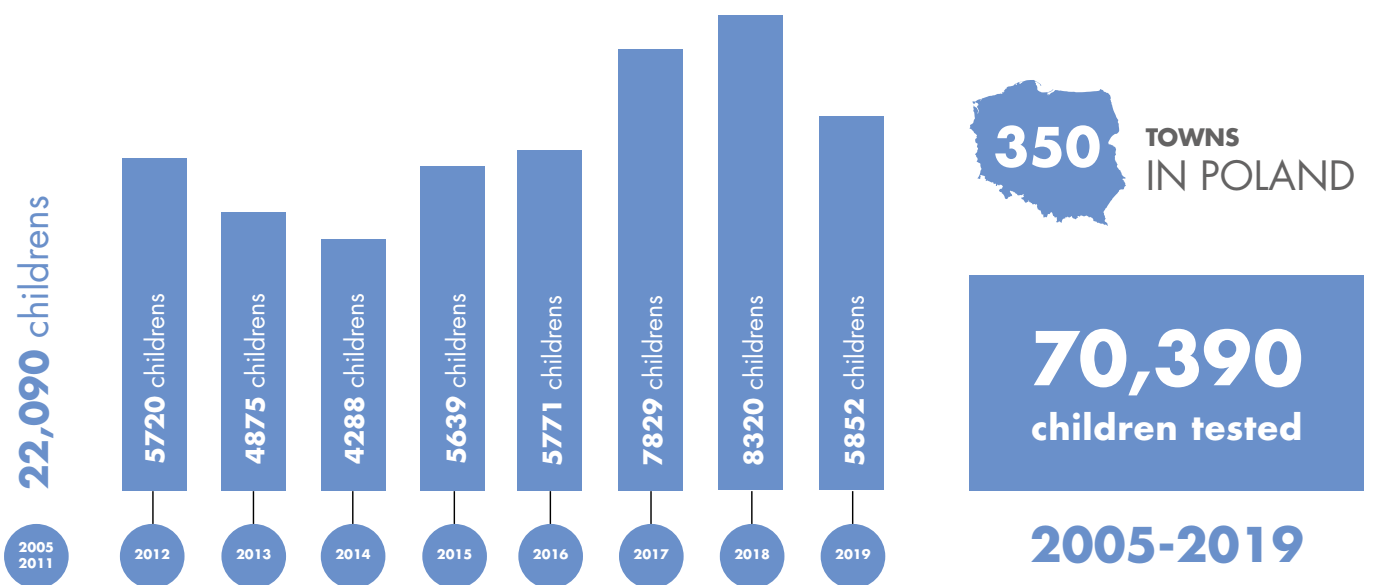
DATA: 2015-2019

1 +  A NEW CARE MOBILE IN 2020



# NO to cancer in children

Ronald McDonald House Charities Poland runs a nationwide program of abdominal ultrasound screening tests for kids aged from 9 months to 6 years. 1100-1400 new cases of cancer in children are diagnosed each year. Faced with the illness, parents are often helpless. They will ask themselves if they could have done something to prevent the illness. Cancer detected in an early stage of the illness is 100% curable in most cases. Universal screening examinations constitute the basis of every program of cancer prevention.



**224,000**  
KILOMETERS COVERED  
BY THE CARE MOBILE

**PLN 15,731,740**  
VALUE OF USG EXAMINATIONS PROVIDED  
FOR FREE SINCE OCTOBER 2015





2019  
summary

**1284**  
VOLUNTEERS  
IN RMH, RMFR,  
RMCM

**12,436**  
VISITS  
IN MIĘDZYLESIE  
FAMILY ROOM



**110,016**  
VISITS  
IN WARSAW MEDICAL UNIVERSITY  
CHILDREN'S HOSPITAL FAMILY ROOMS

## Ronald McDonald Family Rooms

Ronald McDonald Family Rooms are created and operated for the well-being of the parents who accompany hospitalized children and the children themselves.

This is how we perceive the idea of family-centered care. In the Family Rooms, you can drink a cup of coffee, do the laundry, take a shower, rest and talk to other parents. Thanks to Volunteers and Friends of RMHC, the Family Rooms have also become a place where hospitalized children can have fun, learn and take a break from the time spend on the ward.

Events in RMFR include practical workshops, inspiring meetings, concerts, art, drama and film, learning through playing. Thousands of families use the Family Rooms in Children's Memorial Hospital in Międzylesie as well as Warsaw Medical University Children's Hospital.

Volunteers are at the heart of the Family Rooms!

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### Dom Ronalda McDonalda

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More information  
about RMHC Poland Programs:  
[www.frm.org.pl](http://www.frm.org.pl)

Support our mission of Keeping Families Close.  
Help by donating 1% of your tax!



KRS 0000 10 54 50

You can also help by donating directly  
to RMHC Poland account:  
**ING 46 1050 0086 1000 0022 7364 4068**

